

# **Sri Vishnu Sahasranam**

**Harii OM**

**shuklaambaradharaM vishhNuM shashivarNaM chaturbhujam |  
prasannavadanaM dhyaayet sarva vighnopa.shaantaye || (1)**

**vyaasaM vasishhTha naptaaraM shakteH pautramakalmashham |  
paraasharaatmajaM vande shukataataM taponidhim || (2)**

**vyaasaaya vishhNu-roopaaya vyasa roopaaya vishhNave |  
namo vai brahma nidhaye vaasishhThaaya namo namaH || (3)**

**avikaaraaya shuddhaaya nityaaya paramaatmane |  
sadaika roopa roopaaya vishhNave sarva jishhNave || (4)**

**yasya smaraNa maatreNa janmasaM saara bandhanaat |  
vimuchyate namastasmai vishhNave prabhavishhNave || (5)**

**|| oM namo vishhNave prabhavishhNave ||**

**shrii vaishampaayana uvaacha -  
shrutvaa dharmaanasheshheNa paavanaani cha sарvashaH |  
yudhishhhThiraH shaantanavaM punarevaa-bhyabhaashhata || (6)**

**yudhishhhThira uvaacha -  
kimekaM daivataM loke kiMvapyeKaM paraayaNam |  
stuvantaH kaM kamarchantaH praapnuyur-maanavaaH shubham || (7)**

**ko dharmaH sarvadharmaaNaM bhavataH paramo mataH |  
kin japan muchyate jantur-janmasaM-saara-bandhanaat || (8)**

**shrii bhiishhma uvaacha -  
jagatprabhuM devevedevamanantaM purushhottamam |  
stuvannaama-sahasreNa purushhaH satatotthitaH || (9)**

**tameva chaarchayannityaM bhaktyaa purushhamavyayam |  
dhyaayan stuvannamasyaM shcha yajamaanastameva cha || (10)**

**anaadinidhanaM vishhNuM sarvalokamaheshvaram |  
lokaadhyakshaM stuvannityaM sarvaduHkhaatigo bhavet || (11)**

**brahmaNyaM sarvadharmaGYaM lokaanaaM kiirtivardhanam |  
lokanaathaM mahadbhuutaM sarvabhuutabhavodbhavam || (12)**

**eshha me sarvadharmaaNaM dharmo.adhikatamo mataH |  
yadbhaktyaa puNDarii-kaakshaM stavairarchennaraH sadaa || (13)**

paramaM yo mayattejaH paramaM yo mahattapaH |  
paramaM yo mahad brahma paramaM yaH paraayaNam || (14)

pavitraaNaaM pavitraM yo maNgaLaanaaM cha maNgalam |  
daivataM devataanaaM cha bhuutaanaaM yo.avyayaH pitaa || (15)

yataH sarvaaNi bhuutaani bhavantyaadiyugaagame |  
yasmim shcha pralayaM yaanti punareva yugakshaye || (16)

tasya lokapradhaanasya jagannaathasya bhuupate |  
vishhNornaamasahasraM me shRuNu paapabhayaapaham || (17)

yaani naamaani gauNaani vikhyaataani mahaatmanaH |  
RishhibhiH parigitaani taani vakshyaami bhuutaye || (18)

RishhirnaamnaaM sahasrasya vedavyaaso mahaamuniH |  
chhando.anushhTup tathaa devo bhagavaan devakiisutaH || (19)

amRitaaM shoodbhavo bijaM shaktirdevakii nandanaH |  
trisaamaa hrudayaM tasya shaantyarthe viniujyate || (20)

vishhNuM jishhNuM mahaavishhNuM prabhavishhNuM maheshvaram |  
anekaruupa daityaantaM namaami purushhottamam || (21)

asya shrii vishhNordivya sahasranaama stotra mahaamantrasya |

shriivedavyaaso bhagavaanRishhiH | anushhThup chhandaH |  
shrii mahaavishhnuH paramaatmaa shriimannaaraayaNo devataa |  
amruttaaM shuudbhavo bhaanuriti bijam |  
devakii nandanaH srashhTeti shaktiH |  
udbhavaH kshobhaNo deva iti paramo mantraH |  
shaNkhabhRin.nandakii chakriiti kiilakam |  
shaarNga dhanvaa gadaadhara ityastrama |  
rathaaNga paaNir akshobhya iti netrama |  
trisaamaa saamagaH saameti kavacham |  
aanandaM parabrahmeti yoniH |  
RituH sudarshanaH kaala iti digbandhaH |  
shriivishvaruupa iti dhyaanam |  
shriimahaavishhNu priityarthe sahasranaamajape viniyogaH ||

(dhyaanam)

kshiirodhan.vatpradeshe shuchimaNi.vilasatsaikate mauktikaanaam  
maalaakLiptaasanasthaH sphaTikamaNi.nibhair.mauktikair.maNDitaaNgaH |

shubhrai.rabhrairadabhrai.ruparivirachitairmuktapiiyuushha varshhaiH  
aanandii naH puniyyadarinalinagadaa shaNkhapaaNirmukundaH ||

bhooH paadaoo yasya naabhiriyadasuranilashchandra sooryau cha netre  
karNaavaashaaH shiro dyaurmukhamapi dahano yasya vaasteyamabdhiH |

antaHsthaM yasya vishvaM suranarakhagobhogigandharvadaityaiH  
chitraM raMramyate taM tribhuvana vapushhaM vishhNumiishaM namaami ||

shaantaakaaraM bhujaga-shayanaM padmanaabhaM sureshaM  
vishvaakhaaraM gagana-sadRishaM meghavarNaM shubha-aNgam |

lakshmee-kaantaM kamala-nayanaM yogibir-dhyaana-gamyaM  
vande vishhNuM bhava-bhaya-haraM sarva-lokaika-naatham ||

meghashyaamam peethakausheya-vaasam srivata-saangam kausthubhodh-  
bhaasithaangam |  
punyopeytham pundareekayathaksham vande vishnum sarva-lokaika-naatham ||

sashankha chakram sakireeda kundalam sapeetha vastram saraseeruhekshanam |  
sahaaravakshah sthalakausthubhasriyam namaami vishnum shirsachaturbhujam ||

chaayaayaam paarijaathasya hemasimhasanopari  
aasinamambuda shyama maaya thakshamalankritham |

chandrananam chaturbaahum srivatsangitavakshasam  
rukmani satyabhaamaabhyam sahitam krishnam asrayei ||

### The Chant of the 1000 Names of Vishnu Begins Here

AUM namo bhagavate vaasudevaaya |

OM vishvaM vishhNur-vashhaThkaaro bhoota-bhavya-bhavat-prabhuH |  
bhoota-kRit bhoota-bhRid bhaavo bhootaatmaa bhootabhaavanaH ||(1)

puutaatmaa paramaatmaa cha muktaanaaM paramaa gatiH |  
avyayaH purushaH saakshee kshetrajno akshara eva cha ||(2)

yogo yoga-vidaaM netaa pradhaana-purusheshvaraH |  
naarasimha-vapuH shriimaan keshavaH purushottamaH ||(3)

sarvaH sharvaH shivaH sthaaNur bhootaadip nidhir-avyayaH |  
saMbhavo bhaavano bhartaa prabhavaH prabhur-eeshvaraH ||(4)

**svayaMbhoH shambhur aadityaH pushhkaraaksho mahaasvanaH |  
anaadi-nidhano dhaataa vidhaataa dhaaturuttamaH ||(5)**

**aprameyo hRisheekeshaH padmanaabho-a-maraprabhuH |  
vishvakarmaa manustashhTaa sthavishhThaH sthaviro dhruvaH ||(6)**

**agraahyaH shaashvataH kRishhNo lohitaakshaH pratardanaH |  
prabhootaH trikakub-dhaama pavitraM maNgalaM param ||(7)**

**eesaanaH praaNadaH praaNo jyeshhThaH shreshhThaH prajaapatiH |  
hiraNya-garbho bhuu-garbho maadhavo madhusuudanaH ||(8)**

**eeshvaro vikramee dhanvee medhaavee vikramaH kramaH |  
anuttamo duraadharshhaH kRitaGYaH kRitir-aatmavaan ||(9)**

**sureshaH sharaNaM sharma vishva-retaaH prajaa-bhavaH |  
ahaH samvatsaro vyaalaH pratyayaH sarvadarshanaH ||(10)**

**ajaH sarveshvaraH siddhaH siddhiH sarvaadir achyutaH |  
vRishhaakapir ameyaatmaa sarva-yoga-viniHssRitaH ||(11)**

**vasur-vasumanaaH satyaH samaatmaa saMmitaH samaH |  
amoghaH puNDareekaaksho vRishhakarmaa vRishhaakRitiH ||(12)**

**rudro bahu-shiraa babhrur vishvayoniH-shuchi-shravaaH |  
amRitaH shaashvataH-sthaaNur-varaaroHo mahaatapaaH ||(13)**

**sarvagaH sarvavid-bhaanuhr-vishhvak-seno janaardanaH |  
vedo vedavid-avyaNgo vedaaNgo vedavit kaviH ||(14)**

**lokaadhyakshaH suraadhyaksho dharmaadhyakshaH kRitaa-kRitaH |  
chaturaatmaa chaturvyuuhas-chatur-damshTrash-chatur-bhujaH ||(15)**

**bhraajishhNur-bhojanaM bhoktaa sahishhNur-jagadaadijaH |  
anagho vijayo jetaa vishvayoniH punarvasuH ||(16)**

**upendro vaamanaH praamshur-amoghaH shuchir-oorjitaH |  
ateendraH samgrahaH sargo dhRitaatmaa niyamo yamaH ||(17)**

**vedyo vaidyaH sadaayogee veerahaa maadhavo madhuH |  
ati-indriyo mahaamaayo mahotsaaho mahaabalaH ||(18)**

**mahaabuddhir-maha-veeryo maha-shaktir maha-dyutiH |  
anirdeshya-vapuH shriimaan ameyaatmaa mahaadri-dhRik ||(19)**

maheShhvaaso mahiibhartaa shreenivaasaH sataaM gatiH |  
aniruddhaH suraanando govindo govidaAM-patiH ||(20)

mareechir-damano hamsaH suparNo bhujagottamaH |  
hiraNyanaabhaH sutapaaH padmanaabhaH prajaapatiH ||(21)

amRityuH sarva-dRik simhaH san-dhaataa sandhimaan sthiraH |  
ajo durmarshhaNaH shaastaa vishrutaatmaa suraariHaa ||(22)

guruH-gurutamo dhaamaH satyaH-satya-paraakramaH |  
nimishho-a-nimishhaH sragvee vaachaspatir-udaara-dheeH ||(23)

agraNeer-graamaNiiH shriimaan nyaayo netaa samiiraNaH |  
sahasra-muurdhaa vishvaatmaa sahasraakshaH sahasrapaat ||(24)

aavartano nivRittaatmaa samvRitaH saM-pramardanaH |  
ahaH ssamvartako vanhir anilo dharaNiidharaH ||(25)

suprasaadaH prasannaatmaa vishva-dhRig-vishvabhug-vibhuH |  
satkartaa satkRitaH saadhur jahnur-naaraayaNo naraH ||(26)

asankhyeyo-aprameyaatmaa vishishhTaH shishhTa-kRit-shhuchiH |  
siddhaarthaH siddhasankalpaH siddhidaH siddhisaadhanaH ||(27)

vRishhaahee vRishhabho vishhNur-vRishhaparvaa vRishhodaraH |  
vardhano vardhamaanashcha viviktaH shruti-saagaraH ||(28)

subhujo durdharo vaagmii mahendro vasudo vasuH |  
naika-ruupo bRihad-ruupaH shipivishhTaH prakaashanaH ||(29)

ojas-tejo-dyutidharaH prakaasha-atmaa prataapanah |  
RiddaH spashhTaaksharo mantrash-chandraanshur-bhaaskara-dyutiH ||(30)

amRitaAMshuudbhavo bhaanuH shashabinduH sureshvaraH |  
aushhadhaM jagataH setuH satya-dharma-paraakramaH ||(31)

bhooTa-bhavya-bhavan-naathaH pavanaH paavano-analaH |  
kaamahaa kaamakRit-kaantaH kaamaH kaamapradaH prabhuH ||(32)

yugaadi-kRit Yugaavarto naikamaayo mahaashanaH |  
adRishyo vyaktaruupashcha sahasrajid anandajit ||(33)

ishhTo vishishhTaH shishhTeshhTaH shikhaNDii nahushho vRishhaH |  
krodhahaa krodhakRit kartaa vishvabaahur mahiidharaH ||(34)

achyutaH prathitaH praaNaH praaNado vaasavaanujaH |  
apaam nidhiradhishhTaanam apramattaH pratishhThitaH ||(35)

skandaH skanda-dharo dhuryo varado vaayuvaahanaH |  
vaasudevo bRihad bhaanur aadidevaH purandaraH ||(36)

ashoka-staaraNa-staaraH shuuraH shaurirjaneSHvaraH |  
anukuulaH shataavartaH padmee padmanibhekshaNaH ||(37)

padmanaabho-aravindaakshaH padmagarbhaH shariirabhRit |  
mahardhi-Riddhoh vRiddhaatmaa mahaaksho garuDadhvajaH ||(38)

atulaH sharabho bhiimaH samayaGYo havirhariH |  
sarvalakshaNa lakshaNyo lakshmiivaan samitinjayaH ||(39)

viksharo rohito maargo hetur daamodaraH sahaH |  
mahiidharo mahaabhaago vegavaan-amitaashanaH ||(40)

udbhavaH kshobhaNo devaH shriigarbhaH parameshvaraH |  
karaNaM kaaraNaM kartaa vikartaa gahano guhaH ||(41)

vyavasaayo vyavasthaanaH samsthaanaH sthaanado-dhruvaH |  
pararrdviH paramaspashTah-tushhTaH pushhTaH shubhekshaNaH ||(42)

raamo viraamo virajo maargo neyo nayo-anayaH |  
veeraH shaktimataaM shreshhTaH dharmo dharmaviduttamaH ||(43)

vaikuNTaH purushhaH praaNaH praaNadaH praNavHa pRithuH |  
hiraNyagarbhaH shatruGHNo vyapro vaayuradhokshajaH ||(44)

RituH sudarshanaH kaalaH parameshhThii parigrahaH |  
ugraH samVatsaro daksho vishraamo vishva-dakshiNaH ||(45)

vistaaraH sthaavarah sthaaNuH pramaaNaM bijamavyayam |  
artho anartho mahaakoshO mahaabhogo mahaadhanaH ||(46)

anirviNNaH sthavishhTho-abhoordharma-yuupo mahaamakhaH |  
nakshatranemir nakshatree kshamaH kshaamaH sameehanaH ||(47)

yaGYa ijyo mahejyashcha kratuH satraM sataaM gatiH |  
sarvadarshee vimuktaatmaa sarvaGYo GYaanamuttamam ||(48)

suvrataH sumukhaH suukshmaH sughoshhaH sukhadaH suhRit |  
manoharo jita-krodho viirabaahurvidaaraNaH ||(49)

**svapanah svavasho vyapee naikaatmaa naikakarmakRit |  
vatsaro vatsalo vatsee ratnagarbho dhaneshvaraH ||(50)**

**dharmaGub dharmakRid dharmii sadasatkshara aksharam |  
aviGYaataa sahastraMshur vidhaataa kRitalakshaNaH ||(51)**

**gabhaStinemih sattvasthaH simho bhootamaheshvaraH |  
aadidevo mahaadevo devesho devabhRid guruH ||(52)**

**uttaro gopatirgoptaa GYaanagamyaH puraatanaH |  
shareera bhootabhRidbhoktaa kapeendro bhooridakshiNaH ||(53)**

**somapo-amRitapaH somaH purujit purusattamaH |  
vinayo jayaH satyasandho daashaarhaH saatvataaM patiH ||(54)**

**jiivo vinayitaa-saakshee mukundo-amitavikramaH |  
ambhonidhiranantaatmaa mahodadhishayo-antakaH ||(55)**

**ajo mahaarhaH svaabhaavyo jitaamitraH pramodanaH |  
aanando nandano nandaH satyadharmaa trivikramaH ||(56)**

**maharshhiH kapilaachaaryaH kRitaGYo medineepatiH |  
tripadastridashaadhyaksho mahaashRiNgaH kRitaantakRit ||(57)**

**mahaavaraaho govindaH sushheNaH kanakaaNgadee |  
guhyo gabhiiro gahano guptashchakra-gadaadharaH ||(58)**

**vedhaaH svaaNgojitaH kRishhNo dRiDhaH sankarshhaNoachyutaH |  
varuuNo vaaruNo vRikshaH pushhkaraaksho mahaamanaaH ||(59)**

**bhagavaan bhagahaanandii vanamaalii halaayudhaH |  
aadityo jyotiraadityaH sahiishhNur-gatisattamaH ||(60)**

**sudhanvaa khaNDaparashurdaaruNo draviNapradaH |  
divih-spRik sarvadRik vyaso vaachaspatir-ayonijaH ||(61)**

**trisaamaa saamagaH saama nirvaaNaM bheshhajaM bhishhak |  
sannyaasakRit-chhamaH shaanto nishhThaa shaantiH paraayaNam ||(62)**

**shubhaaNgaH shaantidaH srashhTaa kumudaH kuvaleshayaH |  
gohito gopatirgoptaa vRishhabhaaksho vRishhapriyaH ||(63)**

**anivartii nivRittaatmaa sa.nksheptaas kshemakRit-shhivaH |  
shriivatsavakshaaH shriivaasaH shriipatiH shriimataaM varaH ||(64)**

shriidaH shriishaH shriinivaasaH shriinidhiH shriivibhaavanaH |  
shriidharaH shriikaraH shreyaH shriimaaN-llokatrayaashrayaH ||(65)

svakshH svaNgaH shataanando nandirJYortiRgaNeshvaraH |  
vijitaatmaa vidheyaatmaa satkiirtishchhinnasa.nshayaH ||(66)

udiirNaH sarvatas-chakshuraniishaH shaashvatasthiraH |  
bhooshayo bhooshhaNo bhootirvishokaH shokanaashanaH ||(67)

archishhmaanarchitaH kumbho vishuddhaatmaa vishodhanaH |  
aniruddho.apratirathaH pradyumno.amitavikramaH ||(68)

kaalaneminihaa viiraH shauriH shuurajaneshvaraH |  
trilokaatmaa trilokeshaH keshavaH keshihaa hariH ||(69)

kaamadevaH kaamapaalaH kaamii kaantaH kRitaagamaH |  
anirdeshyavapurvishhNur viiroananto dhana.njayaH ||(70)

brahmaNyo brahmakRit brahmaa brahma brahmavivardhanaH |  
brahmavid braahmaNo brahmii brahmaGYo brahmaNapriyaH ||(71)

mahaakramo mahaakarmaa mahaatejaa mahoragaH |  
mahaakraturmahaayajvaa mahaayaGYo mahaahaviH ||(72)

stavyaH stavapriyaH stotraM stutiH stotaa raNapriyaH |  
puurNaH puurayitaa puNyaH puNyakiirtiranaamayaH ||(73)

manojavastiirthakaro vasureetaa vasupradaH |  
vasuprado vaasudevo vasurvasumanaa haviH ||(74)

sadgatiH satkRitiH sattaa sadbhootiH satparaayaNaH |  
shuuraseno yadushreshhThaH sannivaasaH suyaamunaH ||(75)

bhootaavaaso vaasudevaH sarvaasunilayo-analaH |  
darpahaa darpado dRipto durdharo-athaaparaajitaH ||(76)

vishvamuurtir.mahaamuurtir.diiptamuurtir-amuurtimaan |  
anekamuurtiravyaktaH shatamuurtiH shataananaH ||(77)

eko naikaH savaH kaH kiM yat.tat.padamanuttamam |  
lokabandhur.lokanaatho maadhavo bhaktavatsalaH ||(78)

suvarNovarNo hemaaNgo varaaNga.shchandanaaNgadii |  
viirahaavishhamaH shuunyo ghRitaashiir.achalashchalaH ||(79)

amaanii maanado maanyo lokasvaamii trilokadhRik |  
sumedhaa medhajo dhanyaH satyamedhaa dharaadharah ||(80)

tejovRishho dyutidharaH sarvashastrabhRitaAM varaH |  
pragraho nigraho vyagro naikashRiNgo gadaagrajaH ||(81)

chaturmuurti.shchaturbaahu.shchaturvyuuha.shchaturgatiH |  
chaturaatmaa chaturbhaava.shchaturvedavidekapaat ||(82)

samaavarto-anivRittaatmaa durjayo duratikramaH |  
durlabho durgamo durgo duraavaaso duraarihaa ||(83)

shubhaaNgo lokasaaraNgaH sutantu.stantuvardhanaH |  
indrakarmaa mahaakarmaa kRitakarmaa kRitaagamaH ||(84)

udbhavaH sundaraH sundo ratnanaabhaH sulochanaH |  
arko vaajasanaH shRiNgii jayantaH sarvavij-jayii ||(85)

suvarNabindurakshobhyaH sarvavaageeshvareshvaraH |  
mahaahRado mahaagarto mahaabhooto mahaanidhH ||(86)

kumudaH kundaraH kundaH parjanyaH paavano-anilaH  
amRitaasho-amRitavapuH sarvaGYaH sarvatomukhaH ||(87)

sulabhaH suvrataH siddhaH shatrujichchhatrutaapanah | nyagrodho.udumbaro-  
ashvattha.shchaaNuuraandhranishhuudanaH ||(88)

sahasraarchiH saptajivhaH saptaidhaaH saptavaahanaH |  
amuurtiranagho-achintyo bhayakRit bhayanaashanaH ||(89)

aNurbRihat kRishaH sthuulo guNabhRinnirguNo mahaan |  
adhRitaH svadhRitaH svaasyaH praagvansho vanshavardhanaH ||(90)

bhaarabhRit.kathito yogii yogiishaH sarvakaamadaH |  
aashramaH shramaNaH kshaamaH suparNo vaayuvaahanaH ||(91)

dhanurdharo dhanurvedo daNDo damayitaa damaH |  
aparaajitaH sarvasaho niyantaa niyamo yamaH ||(92)

sattvavaan saattvikaH satyaH satyadharmaParaayaNaH |  
abhipraayaH priyaarho-arhaH priyakRit-priitivardhanaH ||(93)

vihaayasagatirjyotiH suruchirhutabhug vibhuH |  
ravirvirochanaH suuryaH savitaa ravilochanaH ||(94)

**ananto hutabhugbhoktaa sukhado naikajo.agrajaH |  
anirviNNaH sadaamarshhii lokadhishhThaanamad.hbhutaH ||(95)**

**sanaat sanaatanatamaH kapilaH kapiravyayaH |  
svastidaH svastikRit svasti svastibhuk svastidakshiNaH ||(96)**

**araudraH kuNDalii chakrii vikramyurjitashaasanaH |  
shabdaatigaH shabdasaH shishiraH sharvariikaraH ||(97)**

**akruuraH peshalo daksho dakshiNaH kshamiNaaM varaH |  
vidvattamo viitabhayaH puNyashravaNakiirtanaH ||(98)**

**uttaaraNo dushhkRitihaa puNyo duHsvapnanaashanaH |  
veerahaa rakshaNaH santo jiivanaH paryavasthitaH ||(99)**

**ananantaruupo-anantashreer jitamanyur bhayaapahaH |  
chatusrasro gabhiiraatmaa vidisho vyadisho dishaH ||(100)**

**anaadirbhoorbhuvo lakshmiiH suviiro ruchiraaNgadaH |  
janano janajanmaadir bheemo bhiimaparaakramaH ||(101)**

**aadhaaraniayo-dhaataa pushhpahaasaH prajaagaraH |  
uurdhvagaH satpathaachaaraH praaNadaH praNavaaH paNaH ||(102)**

**pramaaNaaM praaNanilayaH praaNabHrit praaNajiivanaH |  
tattvaM tattvavidekaatmaa janmamRityu.jaraatigaH ||(103)**

**bhoorbhavaH svastarustaaraH savitaa prapitaamahaH |  
yaGYo yaGYapatiryajvaa yaGYaaNgo yaGYavaahanaH ||(104)**

**yaGYabhRid.yaGYakRid.yaGYii yaGYabhug.yaGYasaadhanaH |  
yaGYaatakRid.yaGYaguhyamannam.annaada eva cha ||(105)**

**aatmayoniH svayaMjaato vaikhaanaH saamagaayanaH |  
devakiinandanaH srashhTaa kshitiishaH paapanaaashanaH ||(106)**

**shaNkhabhRinnandakii chakree shaarNgardhanvaa gadaadharaH |  
rathaaNgapaaNir.akshobhyaH sarvapraharaNaayudhaH ||(107)**

**sarvapraharaNaayudha OM namaH iti | .**

**vanamaali gadee shaarngii shankhii chakrii cha nandakii |  
sriimaannaaraayano vishnur.vaasudevoabhirakshathu ||**

**itiidaM kiirtaniiyasya keshavasya mahaatmanaH |  
naamnaaM sahasraM divyaanaam-asheshheNa prakiirtitam || (1)**

**ya edaM shrunya-a-Nityam yashchapi parikirtayaet |  
Naa-aShubham praptyunaat kinCHIT-somutreH cha manavaH || (2)**

**veedantago brahma-na-asyat Kshatriyo vijayee bhavaet |  
vaishyo dhana-SamRidhasya-chhuudra-sukhamvaapnuyaat || (3)**

**dharmaarthii praapnuyaad-dharmam.arthaarthii cha.arthamaapnuyaat |  
kaamaanava.apnuyaatkaamii prajaarthii cha-apnuyaat prajaaH || (4)**

**bhaktimaan yaH sadotthaaya shuchistadgatamaanasaH |  
sahasraM vaasudevanya naamnaametaprakiirtayet || (5)**

**yashaH praapnoti vipulaM GYaatipraadhaanyameva cha |  
achalaaM shriyamaapnoti shreyaH praapnotyan.uttamam || (6)**

**na bhayaM kvachidaapnoti viiryam tejascha vindati |  
bhavatyarogo dyutimaan-bala-ruupa-guNaanvitaH || (7)**

**rogaarto muchyate roga-dbaddho muchyeta bandhanaat |  
bhayaan.muchyeta bhiitastu muchyetaapanna aapadaH || (8)**

**durgaaNyatit.aratyaashu purushhaH purushhottamam |  
stuvannaama-sahasreNa nityaM bhaktisamanvitaH || (9)**

**vaasudevaashrayo martyo vaasudevaparaayaNaH |  
sarvapaapa-vishuddhaatmaa yaati brahma sanaatanam || (10)**

**na vaasudevabhaktaanaam-ashubhaM vidyate kvachit |  
janma.mRityu.jaraavyaadhi.bhayaM naivopajaayate || (11)**

**imaM stavama-dhiiyaanaH shraddhaabhaktisamanvitaH |  
yuyjetaatmaa sukhakshaanti shriidhRiti smRiti kiirtibhiH || (12)**

**na krodho na cha maatsaryaM na lobho naashubhaa matiH |  
bhavanti kRita puNyaanaaM bhaktaanaaM purushhottame || (13)**

dyauH sachandraarka-nakshatraa khaM disho bhuurmahodadhiH |  
vaasudevasya viiryena vidhRitaani mahaatmanaH || (14)

sasuraasura-gandharvaM sayaksho.ragaraakshasam |  
jagadvash vartatedaM kRishhNasya sacharaacharam || {15}

indriyaaNi mano buddhiH sattvaM tejo balaM dhritiH |  
vaasudeva.atmakaanyaahuH kshetraM kshetraGYa eva cha || (16)

sarvaagamaanaa.maachaaraH prathamaM parikalpate |  
aacharaprabhavo dharmo dharmasya prabhurachyutaH || (17)

RishhayaH pitaro devaa mahaabhuutaani dhaatavaH |  
jaNgamaajaNgamaM chedaM jagannaaraayaN.odbhavam || (18)

yogo GYaanam tathaa saa.nkhyam vidyaH shilpaadi karma cha |  
vedaaH shastraanNi viGYaanam. etat.sarvaM janaardanaat || (19)

eko vishhNurmahadbhuutaM pRithag.bhuutaanyanekashaH |  
trii.nlokaanvyaapya bhuutaatmaa bhu.nkte vishvabhuugavyayaH || (20)

imaM stavaM bhagavato vishhNorvyaaasena kiirtitam |  
paThe dy ichchhet.purushhaH shreyaH praaptuM sukhaani cha || (21)

vishveshvaramajaM devaM jagataH prabhavaapyayam |  
bhajanti ye pushkaraakshaM na te yaanti paraabhavam || (22)

|| na te yaanti paraabhavam oM nama iti ||

Arjuna uvaacha -  
padmapatravishaalaaksha padmanaabha surottama |  
bhaktaanaam-anuraktaanaaM traataa bhava janaardana || (23)

shrii bhagavaanuvaacha -  
yo maaM naamasahasreNa stotum-ichchhati paaNDava |  
soha.amekena shlokena stuta eva na saMshayaH || (24)

|| stuta eva na saM shaya oM nama iti ||

vyaasa uvaacha -  
vaasanaad-vaasudevassy vaasitaM te jagatrayam |  
sarvabhuuta-nivaasosi vaasudeva namostu te || (25)

**|| shrii vaasudeva namo.astuta oM nama iti ||**

**paarvatyuvacha -**  
**kenopaayena laghunaa vishhNor naama sahasrakam |**  
**paThyate panDitair nityam shrotum-ichchhaam-yaham prabho || (26)**

**iishvara uvaacha -**  
**shriiraama raama raameti rame raame manorame |**  
**sahasra naama tattulyam raamanaama varaanane || (27) ...(3x)**

**|| shrii raamanaama varaanane oM nama iti ||**

**brahmovaacha -**  
**namo.stvanantaaya sahasra muurttaye sahasra paadaakshi shiroru baahave |**  
**sahasranaamne purushhaaya shaashvate sahasrakoTii yugadhaariNe namaH || (28)**

**|| sahasrakoTii yugadhaariNa oM nama iti ||**

**saJNjaya uvaacha -**  
**yatra yogeshvaraH kRishhNo yatra paartho dhanurdharaH |**  
**tatra shriirvijayo bhuutirdhruvaa niitirmatir mama || (29)**

**shriibhagavaanuvaacha -**  
**ananyaa.shchintayanto maaM ye janaaH paryupaasate |**  
**teshhaam nityaabhi.yuktaanaaM yogakshemaM vahaamyaham || (30)**

**paritraaNaaaya saadhoonaaM vinaashaaya cha dushha kRitaam |**  
**dharma saMsthaapanaarthaaaya saMbhavaami yuge yuge || (31)**

**aartaa vishhaNNaaH shithilaashcha bhiitaaH ghoreshhu cha vyadhisshhu**  
**varttamaanaaH |**  
**sa.nkiirtya naaraayaNa shabdamaatraM vimukta duHkhaaH sukhino bhavanti ||**  
**(32)**